



Helpful Hints when Speaking With Older Adults

- **Be Patient**
- **Speaking Slowly, Clearly, Loudly**
 - (without shouting)
- **Annunciate when you speak • Don't overwhelm with too many questions/options at once ○ Leave time between questions if they are feeling overwhelmed**
- **Kindly Redirect them if they are getting off topic**
- **Use smooth transitions to get the conversation back on track**
- **Remember it's just a conversation**
- **It's always OK to check in and ask how they are feeling/doing/understanding things**